

# Become your best self and transform your life

NLP Practitioner training with internationally acclaimed trainer

**James Tsakalos**

## **Because at the end of the day, when it's time ... *it's time*.**

And maybe it's time for you, now. Time to step up. Time to leave the psychological baggage behind. Time to hone your intuitions, raise your game, and get more of the kind of life you want – both for yourself and for the people you really care about.

And isn't it about time?

Because if it *is* ... then you *definitely* need to read on.

Because this may well be one of the single most impactful journeys of learning and personal transformation that you're ever likely to have. And if you're anything like any of the other people who have done this course over the years, you'll probably look back on deciding to do this course as one of the best decisions you ever made.

Seriously – years from now, the positive effects of doing this course will probably still be unfolding and resonating throughout your life in ways that you could never have imagined.

(That's why I love my job, by the way. I love hearing all about the fantastic and magical things that keep happening to people, years down the track!)

## **So what is NLP, exactly – and what's this course all about?**

In a nutshell, NLP is a very powerful and time-tested way of being able to do all kinds of things that you were never able to do before ... and also to do things you were *already* able to do – but much faster, easier and more effectively than ever before.

What kinds of things? All kinds of things.

And there's only so much we can cover in a limited time frame, so in order to make the most of it, we'll be spending most of our time focusing on the kinds of things that can dramatically transform your life, your success, and the effect you have on the people around you. So in this course, you will be learning a whole bunch of powerful and highly portable skills that will allow you to:

- **Get more control over the way you think – and the way you feel – so you can drop anything that's knocking you off balance and just get on with enjoying life and performing at your peak**
- **Make better, wiser decisions – much more consistently**
- **Create powerful and lasting behavioural and psychological change – both in yourself and in others**
- **Become more persuasive and develop an aura of influence**
- **Achieve your goals and get more of what you want in your life**

... PLUS ... you will discover along the way that as a natural consequence of the process of learning these new skills, you will:

- **Become more flexible, adaptable and resourceful**
- **Develop a whole new level of confidence**
- **Become more perceptive – as an observer, listener and thinker**
- **Hone your intuitions and harness more of the power of your unconscious mind**

And before you settle into a warm, smooshy haze of personal development for its own sake, please be aware that I'm all about people making an impact in the world with whatever it is that they do. Many of the people who train with me are in business for themselves – and in business, real world results are what count at the end of the day.

So it's very important to me that people also get a clear and significant return on investment – and that's all about specific, powerful and practical skills that you can leverage to get better results in whatever it is that you do.

So let me take this opportunity to detail a selection of some of the things you can expect to learn. And believe me, there is much more that we'll be doing – quite a bit of which will be driven by your own individual outcomes, since I customise each course for that particular group of people – but this should give you a pretty good idea of some of the things you can expect, to start with:

## **Becoming more influential**

You'll learn how to create genuine and powerful connections with people, very quickly.

You'll learn top shelf strategies for effective listening, so you can really hear what they're saying – and what they're not saying – to get a much clearer picture of what's going on.

You'll learn how to 'read' people, so you can recognise and respond to their unconscious responses in real time, moment by moment.

And you'll learn some of the key elements of effective persuasion and effortless influence, so you can ensure that your suggestions are always as well received as possible.

## **Breaking chains and moving forward**

You'll learn how to let go of any old psychological baggage that you don't want to carry around any more. Because sometimes, the best thing about the past ... is that it's over.

You'll learn how to conquer your fears – the easy way. Because when it comes to your mind and emotions, "no pain, no gain" is a load of bollocks. You don't have to go through your fear to get to the other side – you can just drop it and leave it behind you. You'll see.

You'll also learn how to cut the power on your limiting beliefs (no matter how long you've had them) and power up into new and more enabling ones instead.

And you'll learn some of the secrets to dropping counterproductive behaviours permanently, and building better and more effective ones – that stick.

## Getting the most out of yourself

You'll learn how to manage your mindset and your emotions effectively, so you can respond resourcefully in any situation – or just get in the zone and perform at your peak.

You'll learn about the different ways to learn different things effectively, and how to accelerated your own learning based on exactly what it is that you want to be able to do.

You'll also learn some extremely effective problem solving strategies that will allow you to adapt to any situation and generate optimal solutions quickly and easily.

And you'll learn how to make better and more sustainable decisions by coordinating your conscious faculties with your unconscious intuitions in systemically optimal ways.

## Powerful people skills

You'll learn how to improve your relationships with others by seeing them from new perspectives and developing a stronger – and much cleaner – appreciation for the dynamics between you ... and between other people.

You'll learn about the thousand and one different ways in which miscommunication regularly occurs between people on a daily basis, and how to 'head them off at the pass' in order to minimise misunderstanding and create clear channels of communication instead.

You'll also learn the skills of artful coaching and facilitation, so you can help to create a space in which insights spontaneously emerge, solutions present themselves and choices become clear for the person you're with in that moment.

And you'll also learn how to facilitate deep, powerful and permanent personal change in others – just as easily as you'll be doing those things for yourself.

And while you can expect to be learning all of these things, please also remember that this is far from an exhaustive list. We will be doing a lot more – much of which will be driven by your own individual outcomes, since I will be customising this course for you and your fellow participants. So let me know what you want!

## So who else will be doing this course?

Given that I customise each course for that particular group, that's a very good question.

These things tend to be seasonal, so the make up of the group will vary every time ... but I do seem to get a lot more of certain types of people than others – so your fellow course participants are likely to include folks who are:

Corporate trainers and facilitators	Workshop and seminar leaders
Complementary healthcare professionals	Sportspeople
Sales and marketing professionals	Middle and senior managers
Life coaches	Teachers
Hypnotherapists	Police officers
Martial artists	Performing artists

And of course, if you yourself are one of the above ... then believe me, you will *definitely* get a lot of value from doing this course.

## And who is James?

Well, he's me. I'll be your trainer – and here's my official bio:

“**James Tsakalos** is an internationally acclaimed NLP Trainer and innovator who has been busy exploring, teaching, and pushing the boundaries of NLP for nearly twenty years. Along the way he has learned from dozens of the world's best trainers – including all three of the co-creators of NLP (Richard Bandler, John Grinder and Frank Pucelik), several well-known 'name brand' trainers, and many brilliant 'hidden gem' trainers you've probably never heard of.

Having personally introduced a number of new and innovative developments to the field of NLP, James is particularly well known for his work as the modeler and developer of '**Spiral Somatics**,' a ground breaking method of reading the subtle physiological indicators of fundamental values, attitudes and core beliefs.

An accomplished specialist in the art of modeling expertise, and notorious both for his uncompromisingly rigorous standards and for going far beyond the limits of what is typically taught on most NLP courses, James is regarded by many well-known NLP experts around the world as one of the best NLP trainers on the planet – a “trainer's trainer” in the NLP game.

Although based in Australia, James is regularly asked to teach in the UK, US, Asia and continental Europe. Closer to home, he teaches NLP and some of its applications for both life and business at all levels in his home city of Melbourne, and continues to mentor some of Australia's best NLP trainers.”

## What the experts have to say:

*“One of the most gifted and intuitive trainers I’ve ever met”*

### - Jonathan Altfeld

(leading international NLP trainer and innovator, and author of several critically acclaimed audio and video training programs for NLP practitioners)

*“One of the best NLP trainers in the world”*

### - Chris Morris

(UK based promoter of special advanced NLP workshops with ‘best of the best’ trainers like Richard Bandler, Gabriel Guerrero and Eric Robbie, and the founder and host of the world’s largest online NLP community, NLP Connections)

*“Da guy is good”*

### - Eric Robbie

(veteran NLP developer who was Richard Bandler’s co-trainer for several years – and who has been described by Richard Bandler himself as one of the three best NLP trainers in the world)

*“James Tsakalos is one of the most principled, dedicated and skillful NLP trainers in the world today – and someone who moves the field forward by refining and developing new and powerful additions to what we do.*

*If I were anywhere near James when he was training, I’d be there. Simple as that.”*

### - Michael Perez

(professional change worker, walking encyclopaedia of everything brain-related, and former community mentor at NLP Connections)

*“Along with such NLP masters as Richard Bandler and John La Valle, James Tsakalos is one of only a few people who I can say without reservation have blown me away with their unique combination of tremendous skill and profound insight.”*

### - Michael Christon

(leading UK trainer of NLP in business, and the creator of Mind, Body and Sold™)

*“I originally trained as a Practitioner and Master Practitioner of NLP with Richard Bandler and Paul McKenna in London, and have now retrained in Australia with James Tsakalos – and I would seriously suggest that you train with James.”*

### - Angela Farlam

(NLP Trainer and Hypnotherapist)

So if you think that it might be time – or if you already know that it's *definitely* time – and you can imagine yourself joining us for this journey, then you'll need this information so you can make the appropriate arrangements:

## Dates and details: what you need to know

<b>Course duration</b>	21 days in total, comprised of 6 x 3.5 day blocks (plus optional extra evening sessions for agents of change)		
<b>Format</b>	Thursday night (6.30pm – 10.30pm), then all day Friday, Saturday and Sunday (8.00am – 6.00pm)		
<b>Venue</b>	Our dedicated training facility, "A Secret Location", in Moorabbin VIC		
<b>2019 dates</b>	September 19 – 22	November 7 – 10	
	October 3 – 6	November 28 – December 1	
	October 24 – 27	December 12 – 15	
<b>Course fees**</b>	Full rate (and yes, you can pay over time)	AU 6990	

\*\*Course fees cover tuition, refreshments and all study materials. We encourage participants to make their own arrangements for lunch.

## How to register:

Just contact me. (*It's really ok – I'm quite friendly.*) You can get in touch with me here:

To email me: [james@nlpmelbourne.com.au](mailto:james@nlpmelbourne.com.au)

To find me on Facebook: <http://www.facebook.com/james.tsakalos.nlp>

To text or call me: 0435 948 779

So if you can see yourself learning NLP and taking these first steps to becoming your best self and transforming your life, then I look forward to hearing from you ...

... because I know that in years to come, you will look back on deciding to do this course as one of the moments that changed everything for the better – and launched you into a whole new world of possibilities for experiencing and achieving things that you could never have anticipated before you made the decision to start this journey now.